



Start the rosary at the Crucifix with the Sign of the Cross ('In the Name...') and the Apostles' Creed, then Our Father on the first bead and before each subsequent Mystery. The Glory Be is said on the space after the last Hail Mary bead: the next Mystery is then announced. After announcing each Mystery, reflect on its meaning as you say the Our Father and the following 10 'Hail Mary's'. Work your way round from right to left. End with 'Hail, Holy Queen' and the Sign of the Cross ('In the Name...').

**The Apostles' Creed**

I believe in God the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary, He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He arose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**The Our Father**

Our Father, who art in heaven, hallowed be Thy Name; Thy kingdom come: Thy will be done on earth as it is in heaven. / Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation: but deliver us from evil.

**The Hail Mary**

Hail Mary, full of grace; the Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. / Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

**Glory Be to the Father**

Glory be to the Father, and to the Son, and to the Holy Spirit. / As it was in the beginning, is now and ever shall be, world without end. Amen.

**The Hail, Holy Queen**

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious Advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. Amen.