

## Act of Spiritual Communion

*Note: This Act of Spiritual Communion may only be used as part of a full sharing in the streamed celebration of the mass.*

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen

## REGINA COELI

**Joy to thee, O Queen of heaven, Alleluia  
He whom thou wast meet to bear, Alleluia  
As he promised hath aris'n, Alleluia  
Pour for us to God thy prayer, Alleluia**

*Off't* Rejoice and be glad, O Virgin Mary, Alleluia (Alleluia).  
*All:* For the Lord is risen indeed, Alleluia (Alleluia).

## The Gloria

*is said on Sundays (outside Advent and Lent) and on Holy Days*

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven; *was incarnate from the Holy Spirit and the Virgin Mary, and was made man.*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the Prophets.

We believe in One, Holy, Catholic and Apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the + resurrection of the dead, and the life of the world to come. Amen.